

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek the protection of Allah against the outcast Satan.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Beneficent, the Merciful.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

O Allah, send salutations upon Muhammad and the progeny of Muhammad.

صَدَقَ اللَّهُ الْعَلِيُّ الْعَظِيمُ

Allah, the lofty, the Great, has spoken the truth.

## Adhan and Iqamat

Imam Sadiq (as),

One who offers prayers with an Adhan and an Iqamat, two rows of angels join him and offer prayers behind him.

Iqamat		Adhan	
2	اللَّهُ أَكْبَرُ	4	Allah is greater !!
2	أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ	2	I testify that there is no god, but Allah!!
2	أَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ	2	I testify that Muhammad is Allah's Messenger!
2	أَشْهَدُ أَنَّ عَلِيًّا أَمِيرَ الْمُؤْمِنِينَ		
2	وَلِيُّ اللَّهِ	2	I testify that Ali is the Master of the faithful, the friend, the custodian of Allah!!
2	حَتَّى عَلَى الصَّلَاةِ	2	Hasten to salaah!
2	حَتَّى عَلَى الْفَلَاحِ	2	Hasten to prosperity!
2	حَتَّى عَلَى خَيْرِ الْعَمَلِ	2	Hasten to the best act!
2	قَدْ قَامَتِ الصَّلَاةُ	0	Salaah has been established
2	اللَّهُ أَكْبَرُ	2	Allah is greater !!
1	لَا إِلَهَ إِلَّا اللَّهُ	2	There is no god, but Allah!!

## 1. Niyat نیت

We must be alert as to which salaah is being offered, Fajr, Dhur, Asr, Maghrib or Isha. You must be aware that you are offering in obedience to the Almighty Allah ...!!!

### Rak'at 1

- Takbiratul Eham
- Recitation of two suras
- Rukoo'
- Two sajdahs

## 2. Takbiratul Eham تكبيرة الاحرام



By saying **اللهُ أَكْبَرُ** Allah is greater !!  
Salaah begins.

We disassociate from every false power and get connected to the Almighty Allah.

**WITH THIS TAKBEER, CONTINUING AND COMPLETING THE PRAYER BECOMES WAJIB.**

- ❖ Raise your hands upto your ears and then say **اللهُ أَكْبَرُ**
- ❖ Recite Surat al-Hamd
- ❖ Recite another Surat, for example Surat Ikhlas.

- ❖ Boys and men must recite the Suras in the first two raka'at loud, of the Fajr, Maghrib and 'Isha salaah.
- ❖ Girls and women can recite loud if there is not a non-mahram around.
- ❖ In Dhuhur and 'Asr salaah everyone should whisper the suras in the first two raka'at,

**EVERYONE MUST LEARN TO RECITE THE SALAAH CORRECTLY. IF HE COULD NOT, THEN HE MUST TRY AND OFFER HIS SALAAH IN JAMA'AT.**

### 3. Qiyaam قیام



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
In the name of Allah, the Beneficent, the Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ  
All praise is belongs to Allah,  
the Lord of the Worlds.

الرَّحْمَنِ الرَّحِيمِ  
The Beneficent, the Merciful.

مَالِكِ يَوْمِ الدِّينِ  
Master of the Day of Judgment.

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ  
You alone do we worship and You alone  
we seek for help.

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ  
Guide us on the right path.

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ  
عَلَيْهِمْ وَلَا الضَّالِّينَ  
The path of those whom You have blessed.  
Not the path of those who have incurred  
Your wrath nor are astray.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the Name of Allah, the Beneficent, the Merciful.*

قُلْ هُوَ اللَّهُ أَحَدٌ

Say, 'He is Allah, the One.

اللَّهُ الصَّمَدُ

Allah is the Eternal.

لَمْ يَلِدْ وَلَمْ يُولَدْ

He begets not, nor is He begotten.

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

And none is like Him.'

## 4. Rukoo رکوع

After reciting the two Suras, we bow to perform the 'rukoo'. We place our hands on our knees and say:



سُبْحَانَ رَبِّيَ الْعَظِيمِ وَ بِحَمْدِهِ  
Glory is my Lords', the lofty and with His praise

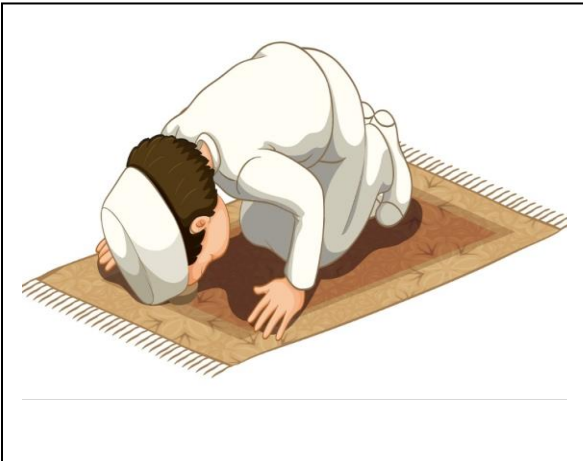
Or

سُبْحَانَ اللَّهِ  
سُبْحَانَ اللَّهِ  
سُبْحَانَ اللَّهِ  
Glorified is Allah

## 5. Sajdah سجده

We rise upright from the rukoo' and bow in sajdah and place seven parts of our body on the ground.

➤ Forehead, palms, knees, toes and say:



سُبْحَانَ رَبِّيَ الْأَعْلَى وَ بِحَمْدِهِ  
Glory is my Lords', the High and with his praise

Or

سُبْحَانَ اللَّهِ  
سُبْحَانَ اللَّهِ  
سُبْحَانَ اللَّهِ  
Glorified is Allah

- ❖ In sajdah place forehead on dirt, stone, or something from the earth.
- ❖ You could also place your forehead on any nonedible vegetation.
- ❖ We generally use a mohr, turbat, sajdagah to perform the sajdah.

### **Perform the second sajdah.**

This is done exactly like the first sajdah. The second sajdah concludes the first rak'at.

## **Rak'at Two**

### **Qunoot**

**After Surat al-Hamd and the surat and before the rukoo' raise your hands before your face and recite a dua.**

Example:

**رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ**

Our Lord! grant us good in this world and good in the Hereafter,  
and save us from the chastisement of the fire.

## **Rak'at Three**

In the third rak'at, we either recite one Surat al-Hamd or recite the following Tasbeehaat Arba'a three times.

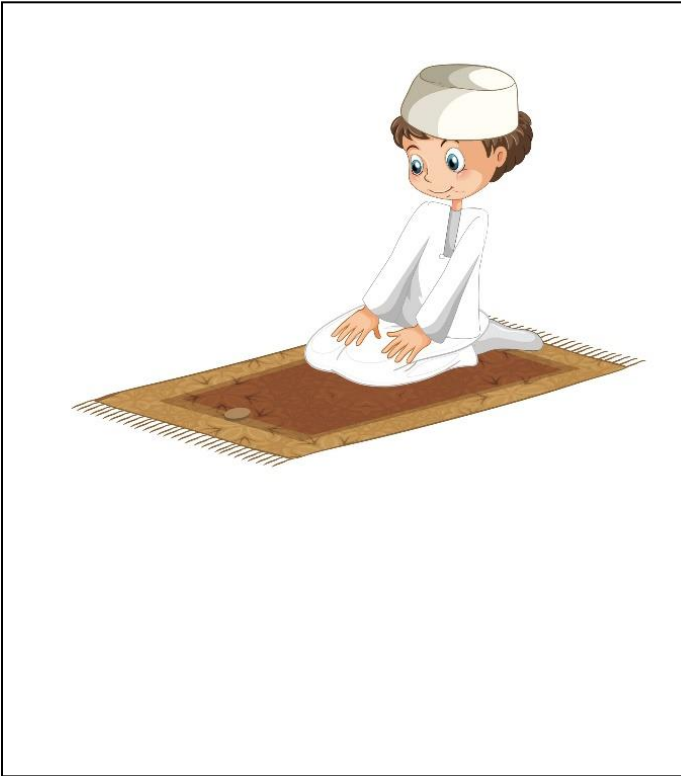
**x3 سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ**

Glory is Allah's and all praise is Allah's  
and there is no God but Allah and Allah is Greater.

If we are offering Salaatul Maghrib, after the second sajdah we then sit and recite the tashahhud followed by the salaam to end the salaah.

## Tashahhud

In the second rak'at after the second sajdah whilst you are sitting facing the Qiblah  
Recite the tashahhud ...



أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ  
وَحْدَهُ لَا شَرِيكَ لَهُ  
وَ أَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ  
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

I testify that there is no god but Allah,  
the only, Who has no partner.  
And I testify that Muhammad is His  
servant and His messenger.  
O Allah send salutations upon Muhammad  
and the descendants of Muhammad.

### Rak'at Four

If we are offering Salatul Dhuhur or Salatul 'Asr or Salatul 'Isha  
After the second sajdah of the third rak'at, we stand to perform the fourth rak'at.  
This is offered exactly like the third rak'at.

After the second sajdah of the fourth rak'at recite the tashahhud and salaams to end  
the salaah.

## **Salaam** **سَلَام**

Here the second rak'at ends. If the salaah was a two rak'at like the Fajr prayers, after the tashahud salaam is recited. Salaam brings the salaah to an end.

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Salaam be upon you, O Prophet and the mercy of Allah and His favor

السَّلَامُ عَلَيْنَا وَ عَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Salaam be upon us and the noble servants of Allah

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Salaam be upon you and the mercy of Allah and His favors.

- We now learnt to offer a two rak'at prayer.
- If the salaah we are offering is a three rak'at or a four rak'at, we then stand to perform the third rak'at after the tashahud.

## **Arkaan of Salaah, the 5 foundational elements of prayers**

Some of the obligatory acts of salaah are foundational elements (rukn).

If a person does not offer some of them or adds to them, whether intentionally or by mistake, his prayer is void.

- 1. Niyyat**
- 2. Qiyaam**
- 3. Takbiratul Ehram**
- 4. Rukoo'**
- 5. Sajdah**